

Directions to Back to Life Physical Therapy



329 Bryant St. Suite 2A, San Francisco CA 94107, (415) 538.7878

From the South Bay

From 280 exit 3rd Street. You will be on King Street.

Merge to left to turn left on to 3rd Street.

Turn right on Bryant Street.

Once you past 2nd Street, stay in the right lane (other lanes turn onto the Bay Bridge).

329 Bryant Street follows immediately after Rincon alley and is marked with “Bryant Place” and with the initials “bp.”

Take the next available right into our driveway.

Driveway/Parking instructions:

Follow the driveway into the main portion of the lot. Our office and two parking spaces are on your right. Please park either very close to the wall or between the two orange parking cones.

From the East Bay

Take the Bay Bridge to San Francisco.

Follow signs for Fremont Street. Stay in left or middle lane.

At bottom of the exit ramp, turn left onto Fremont Street.

Turn left on Howard Street.

Turn left on 2nd Street.

Turn left on Bryant Street and move into the right lane (other lanes turn onto the Bay Bridge).

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Take the next available right into our driveway.

See instructions for driveway/parking lot above.

From Marin

Take the Golden Gate Bridge to San Francisco.

Exit Richardson Avenue to Lombard Street Continue to Van Ness Avenue.

Turn left on Van Ness Avenue.

Turn right onto Bay Street.

Merge/turn right onto the Embarcadero.

Proceed past the Ferry building and underneath the Bay Bridge and past Bryant Street.

Turn right on Brannan Street.

Turn right on 2nd Street.

Turn right on Bryant Street and stay in the right lane (other lanes turn onto the Bay Bridge).

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